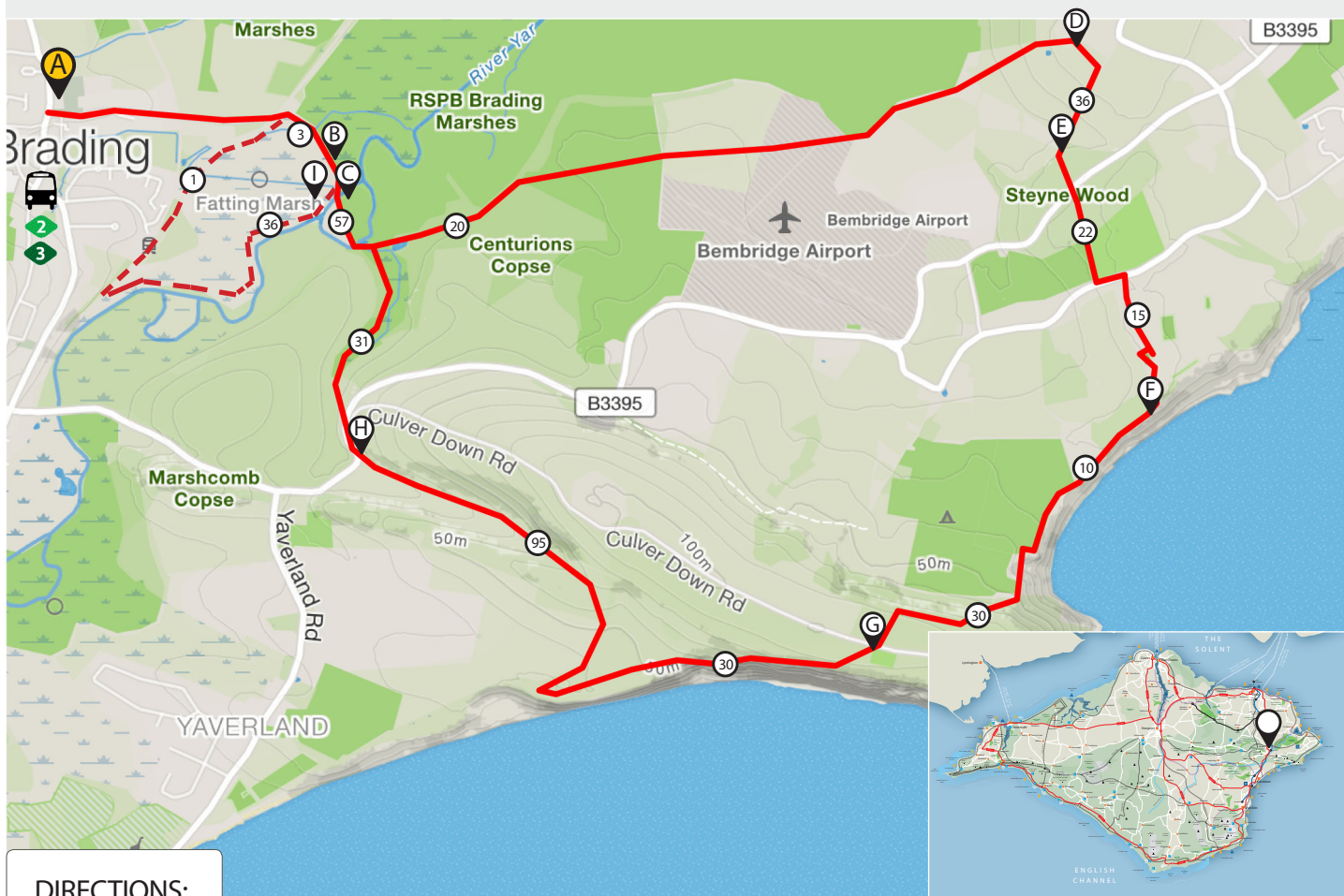


**FOR THE MORE ADVENTUROUS WHO DON'T MIND A BIT OF A CHALLENGE**

**START/FINISH:** Quay Lane, Brading, PO36 0AT

**TIME:** 3 - 4 Hours

**DISTANCE:** 7 miles or 1.5 mile shorter route



**DIRECTIONS:**

**A** **START:** Venture along Quay Lane until you meet a gate leading onto Brading Marshes or sometimes called the Fattening Marshes. Take Foot Path 3 and cross the Sluice Gate to the East Yar River.

**B** For the Shorter Walk turn right and take Foot Path 36, which will lead you towards the railway line. As you reach the railway line turn right again taking Foot Path 1 and this will take you to Quay Lane.

**C** For the Longer Walk, cross the river and look for Foot Path 57 and then 20 in fairly quick succession towards Centurions Copse and Bembridge.

**D** Continue on this route for two miles until you reach Bembridge Windmill. Then take Bridleway 36 to Steyne Copse

**E** In the depths of Steyne Copse look for a left turn taking you onto Foot Path 22 which will take you onto Hillway Road. A short walk up hill will bring you to Foot Path 15.

**F** Take Foot Path 15 until you meet the Coastal Path (Foot Path 10). Walk south (sea on your left hand side) and make your way up Culver Down on Foot Path 30.

**G** Foot Path 30 crosses the road near the Culver Haven Pub. Follow the path along the cliff top until you reach Red Cliff and a junction with Foot Path 95.

**H** Follow the base of the Down until you reach the B3395 Longlands Shute. Cross Longlands Shute on to Foot Path 31 which will bring you back to the cross roads leading to the East Yar Sluice Gate.

**I** On reaching the sluice take Foot Path 3 back to Quay Lane and your starting point. **FINISH**

Where possible, public footpath and bridleway reference numbers have been included in the directions.